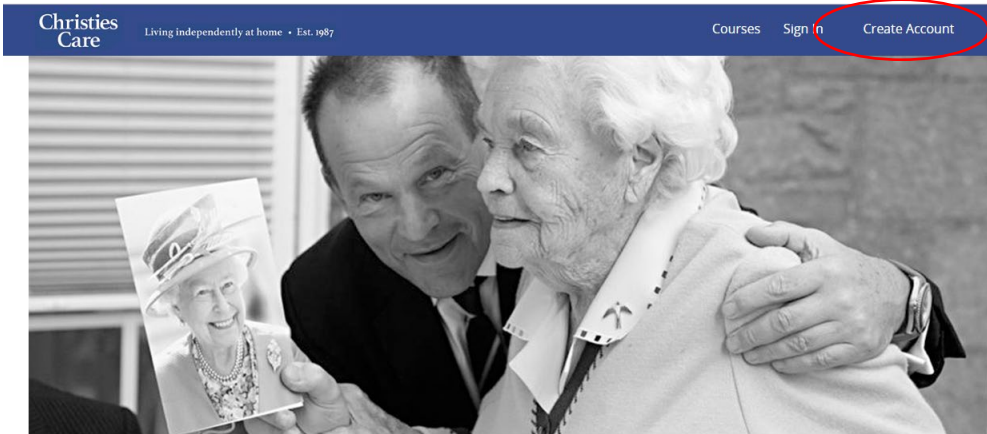


# E Learning Registration Process

Go to google chrome

Access website <https://www.christieslms1.com/>

## Register



Click on the create account button

### Christies Care Ltd

Established in 1987, Christies Care is a family owned live-in care agency. We have grown to be one of the largest providers of 24 hour care in the UK. We are proud of the extremely high quality of the carers we recruit from around the world and the excellent training they undertake.



Already have an Christies Care LMS account? Sign in.

Create an Account

Email

Full Name

Public Username (required) !

Password (required) !

Country or Region of Residence

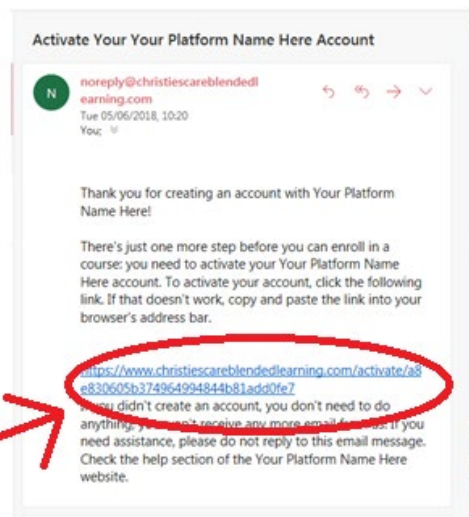
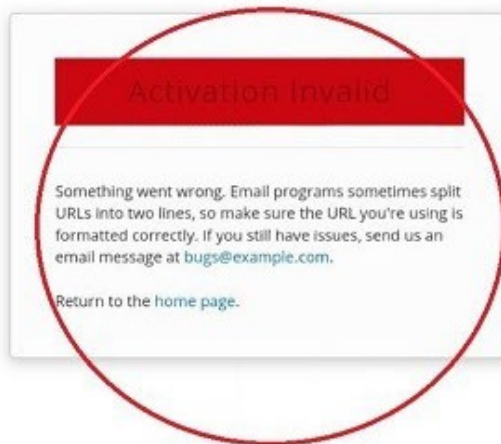
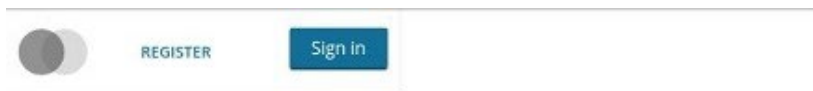
By creating an account with Christies Care LMS, you agree to abide by our Christies Care LMS Terms of Service and Honor Code and agree to our Privacy Policy.

Support education research by providing additional information

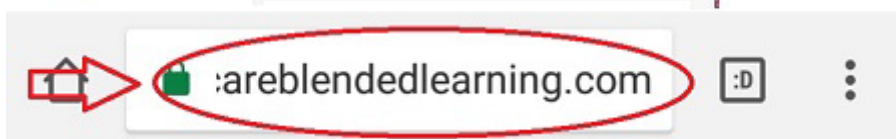
1. Fill out details by clicking into each box and writing.
2. Public username should be all one word – no spaces or special characters, suggest you use your first name and initial of your surname.
3. Password doesn't need any special characters or length.
4. Do not click the support education research button (it doesn't matter too much if you do, it will just give you more details to fill out)
5. Press the Create Your Platform Name Account here blue button.
6. You will receive an email to verify your details, to the email

account you registered it with.

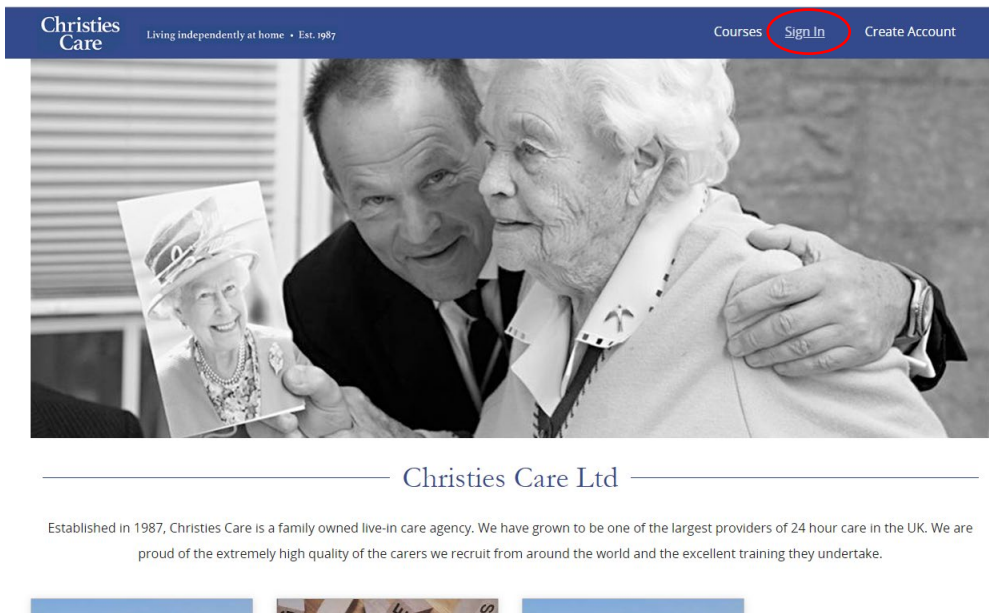
7. Follow the instructions on this email can click on the link, It will take you back to the course. If this happens successfully you can skip to the enroll section of this information (pg.6)
8. If you receive an error message such as the below
9. Cut and paste the link within the email you originally received as part of the registration process and put it in to your browser, press enter.



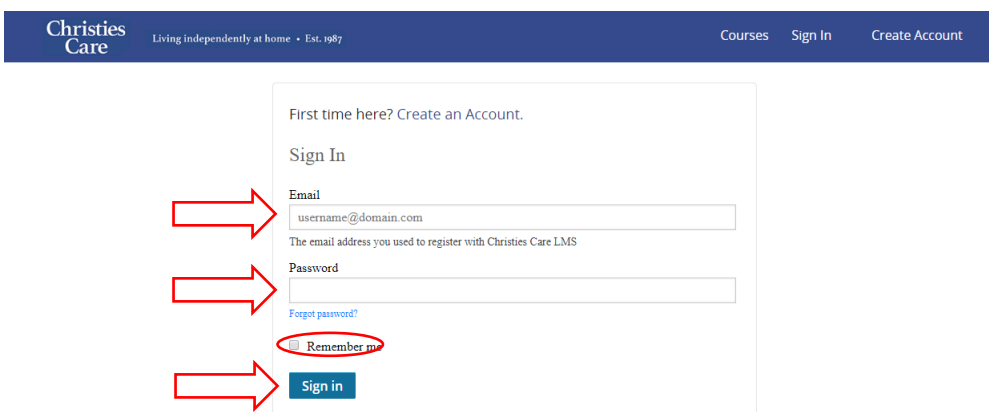
10. If you do not receive a registration email, please contact the recruitment or compliance team who will assist you.



## Sign In

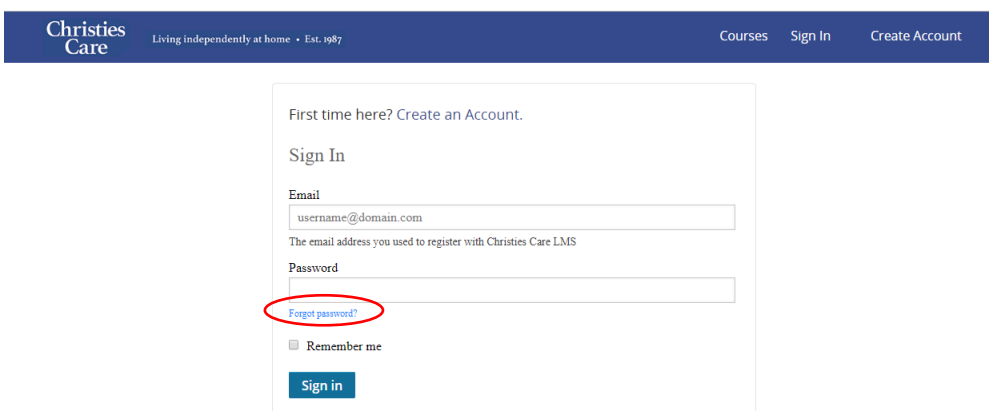


1. Go to the website [www.christieslms1.com](http://www.christieslms1.com)



2. Go to the sign in page
3. Insert the email and password you completed during the registration process.
4. Press the remember me button if you wish not to have to go through sign in again

## Forgot Password



If you forget your password, click on the forgot password writing

click the reset password button

Account Information Linked Accounts Order History

Basic Account Information

These settings include basic information about your account.

Username The name that identifies you on Christies Care LMS. You cannot change your username.  
TimM

---

Full Name The name that is used for ID verification and that appears on your certificates.  
ANDY CARER

---

Email Address (Sign In) ✓ We've sent a confirmation message to ANDYCARER@CHRISTIESCARE.COM. Click the link in the message to update your email address.  
ANDYCARER@CHRISTIESCARE.COM

---

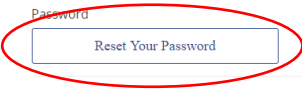
Password Check your email account for instructions to reset your password.  
[Reset Your Password](#)

---

Language The language used throughout this site. This site is currently available in a limited number of languages. Changing the value of this field will cause the page to refresh.  
English

---

Country or Region of Residence The country or region where you live.



This will send you an email to reset your password, click on the link below

Password Reset

You're receiving this e-mail because you requested a password reset for your user account at Christies Care LMS.

If you didn't request this change, you can disregard this email - we have not yet reset your password.



# Enroll

Christies Care Living independently at home • Est. 1987

Courses Dashboard tim3

My Courses

You are not enrolled in any courses yet.

[Explore Courses](#)

Christies Care Est. 1987 Living independently at home

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f t in  
POWERED BY OPENedX  
Managed by ABC Online Courses

1. Click on explore courses

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Courses Dashboard tim3

[LEARN MORE](#)

ChristiesCare TR001  
PRE INDUCTION TRAINING  
Starts: May 13, 2019

ChristiesCare Tr010  
CHRISTIES CARE INDUCTION TRAINING  
Starts: May 13, 2019

ChristiesCare TR084  
Dementia Training Update  
Starts: Jan 1, 2030

ChristiesCare TR010  
CHRISTIES CARE INDUCTION TRAINING  
Starts: Apr 22, 2019

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2. Click on the course you wish to enroll in, in this case, pre induction training

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Courses Dashboard tim3

PRE INDUCTION TRAINING ChristiesCare

**Enroll In TR001**



3. Click on the enroll button

Welcome to Christies Care Induction Training.

You are here because you are enrolled in the on-campus Christies Care Induction Training. Your induction training will take the form of a blended learning experience, with on-campus as well as online tasks to be successfully completed. Feel free to take this course on any personal device such as smartphone, laptop, or tablet. The team at Christies Care wishes you the very best for your induction training and look forward to seeing you meet the requirements for a passing grade.

Course Number	TR001
Classes Start	May 13, 2019
Classes End	May 25, 2030

## Navigating the Site

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Courses Dashboard tim3

My Courses

PRE INDUCTION TRAINING

ChristiesCare - TR001  
Started - May 13, 2019

**View Course**

Christies Care Est. 1987 Living independently at home

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Privacy Policy

**About**  
About this Site  
FAQ  
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Once signed in and enrolled access the view course button for the course you wish to access.

Christies Care Living independently at home • Est. 1987

Courses Dashboard tim3

Course Discussion Progress

## PRE INDUCTION TRAINING

[Start Course](#)

[Expand All](#)

SAFER PEOPLE MOVING AND HANDLING

- INTRODUCTION
  - AIMS AND OBJECTIVES
  - DEFINITION
  - INJURY STATISTICS
- THE LAW
- THE SPINE
- RISK ASSESSMENT
- COMMUNICATION
- DIFFERENT TYPES OF EQUIPMENT
- GOLDEN RULES
- FINAL KNOWLEDGE TEST

Course Tools

- Bookmarks

Important Course Dates

Today is Jun 5, 2019 10:16 BST

Course End in 11 years - May 25, 2030

After this date, course content will be archived.

You will need to access the course tab from this home screen. Click on the course button on the right hand side.

The listed items on the left, provide quick links to the different subsections of the course, we recommend that you only use them once you have completed the course once. This is so you do not miss any information.

The only other section you will need to know about is the progress tab, which will be explained later.

## Reading

Christies Care Living independently at home • Est. 1987

Courses Dashboard tim3

It is estimated that up to 22% of people in the UK will experience serious back pain lasting more than a day at some point during their life.

**"People providing high levels of care are twice as likely to be permanently sick or disabled than other employees"** (source: [ycctraining.co.uk](http://ycctraining.co.uk))

Sites of injuries caused by handling

Site of Injury	Percentage
Back	49.03%
Fingers/Thumb	14.03%
Rest of torso	6.06%
Hand	8.05%
Lower limb	7.07%
Arm	10.03%
Other	3.03%

As you will see from the graph above, if you are involved in manual handling tasks then your back is at greatest risk. Careful of those fingers and thumbs too!

[Previous](#) [Next](#)

You need to read through the text, whilst scrolling down to the bottom as you go. When complete, press mark as complete and click next. Continue to do this and follow instructions until you have completed the course.

## Units


Christies Care Living independently at home • Est. 1987 Courses Dashboard tim3

Course > SAFER PEOPLE MOVING AND HANDLING > INTRODUCTION > INJURY STATISTICS

< Previous [icon] [icon] [icon] Next >

### INJURY STATISTICS

[Bookmark this page](#)



#### Why is moving people safely so important

According to a social well-being survey, each year 39% of men and 42% of women report lower back pain lasting for several hours. This rises to 44% for manual workers.

34% of all injuries are believed to be related to moving and handling.

65% result from strains and sprains to the back.

Over 1.1 million people are registered as disabled due to back pain which makes it the nations leading cause of disability.

It is estimated that up to 22% of people in the UK will experience serious back pain lasting more than a day at some point during their life.

*"People providing high levels of care are twice as likely to be permanently sick or disabled than other employees"* (source)

All of the course units are shown on the top bar and you can use this to skip to the individual content that you wish to look at. If you place your cursor over the unit it will tell you which section it is.

The next button here performs the same function as the one at the bottom of the page and will move you on to the next unit.

## Bookmarks


Christies Care Living independently at home • Est. 1987 Courses Dashboard tim3

Course > SAFER PEOPLE MOVING AND HANDLING > INTRODUCTION > INJURY STATISTICS

< Previous [icon] [icon] [icon] Next >

### INJURY STATISTICS

[Bookmark this page](#)



#### Why is moving people safely so important

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*"People providing high levels of care are twice as likely to be permanently sick or disabled than other employees"* (source)

If you are looking at some course material and you would like to be able to find it easily at a later stage, click on the bookmark this page.



Christies Care Living independently at home • Est. 1987

Courses Dashboard tim3

Course Discussion Progress

Course > SAFER PEOPLE MOVING AND HANDLING > INTRODUCTION > DEFINITION

< Previous [icon] [icon] [icon] Next >

**DEFINITION**

[Bookmark this page](#)

**What does moving and handling mean?**

Moving and handling or manual handling is any transporting of a load (including lifting, putting down, pushing, pulling, carrying and moving by hand or bodily force).

In relation to your day to day work it may involve helping a client into a chair, onto their feet, into a walking frame, assisting them into or out of bed, helping them sit up, sit forward or sit back.

In addition many clients receiving care will almost certainly have moving and handling equipment, everything from sliding boards (to help from a bed to a wheelchair) to electronic hoists (to enable them to use the bathroom).

We will train you on how to use the specialist equipment, in a way that will be safe for you and your client.

< Previous Next >

All of these pages that you bookmark are then available on the bookmarks section. You access this via the homepage. Click on the Christies Care emblem

Christies Care Living independently at home • Est. 1987

Courses Dashboard tim3

Course Discussion Progress

**PRE INDUCTION TRAINING** [Start Course](#)

[Expand All](#)

- SAFER PEOPLE MOVING AND HANDLING
  - INTRODUCTION
    - AIMS AND OBJECTIVES
    - DEFINITION
    - INJURY STATISTICS
  - THE LAW
  - THE SPINE
  - RISK ASSESSMENT
  - COMMUNICATION
  - DIFFERENT TYPES OF EQUIPMENT
  - GOLDEN RULES
  - FINAL KNOWLEDGE TEST

**Course Tools**

[Bookmarks](#)

**Important Course Dates**

Today is Jun 5, 2019 14:04 BST

Course End in 11 years - May 25, 2030

After this date, course content will be archived.

Which will take you back to the home screen, press view course and all of your bookmarked pages will appear if you click here.

Christies Care Living independently at home • Est. 1987

Courses Dashboard tim3

Course Discussion Progress

Course > Bookmarks

Showing 1 out of 1 total

SAFER PEOPLE MOVING AND HANDLING • INTRODUCTION • INJURY STATISTICS

Bookmarked on June 5, 2019

View →

< 1 / 1 >

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Managed by ABC Online Courses

You can then access the page by clicking on the view button

## Different components

Christies Care Living independently at home • Est. 1987

Courses Dashboard tim3

Video

Ch 1 Transfer board & turntable  
Christies Care

Watch later Share

0:00 / 0:00 Speed 1.0x

< Previous Next >

As well as reading, there are other different activities for you to complete. You will always follow the same principles of: scrolling down, following instructions and pressing next.

- Videos

Click the play button in the centre to watch. To pause, press the same area with your cursor.

Video

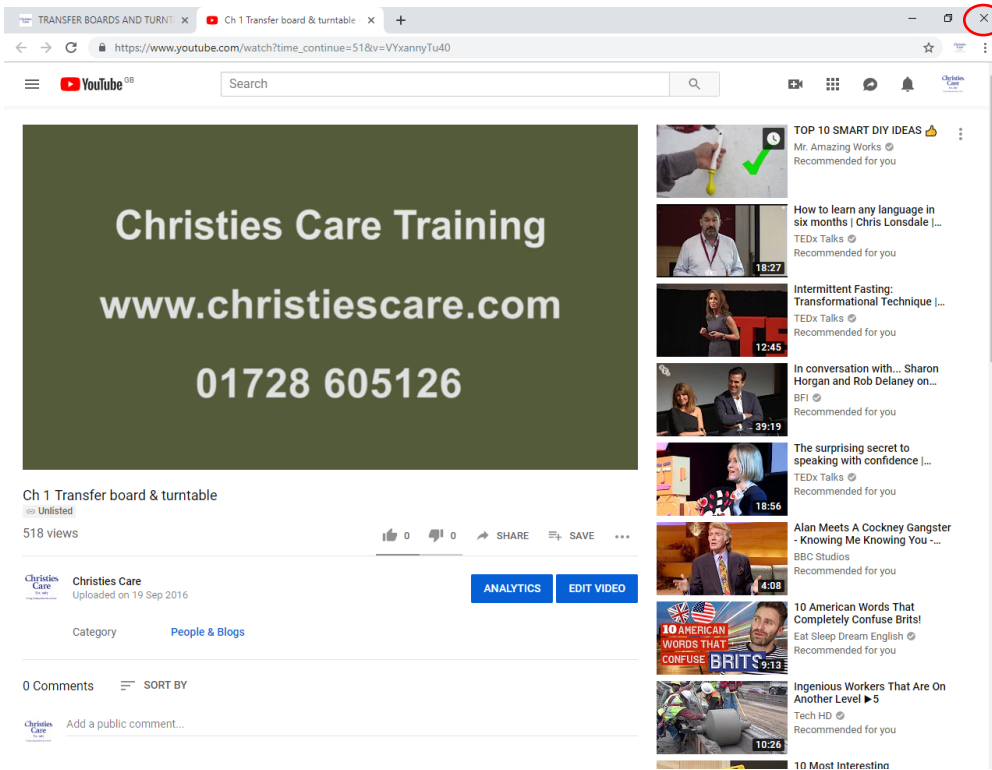


To rewind, press on the bottom line and drag to the left, to fast forward, move to the right.

Video



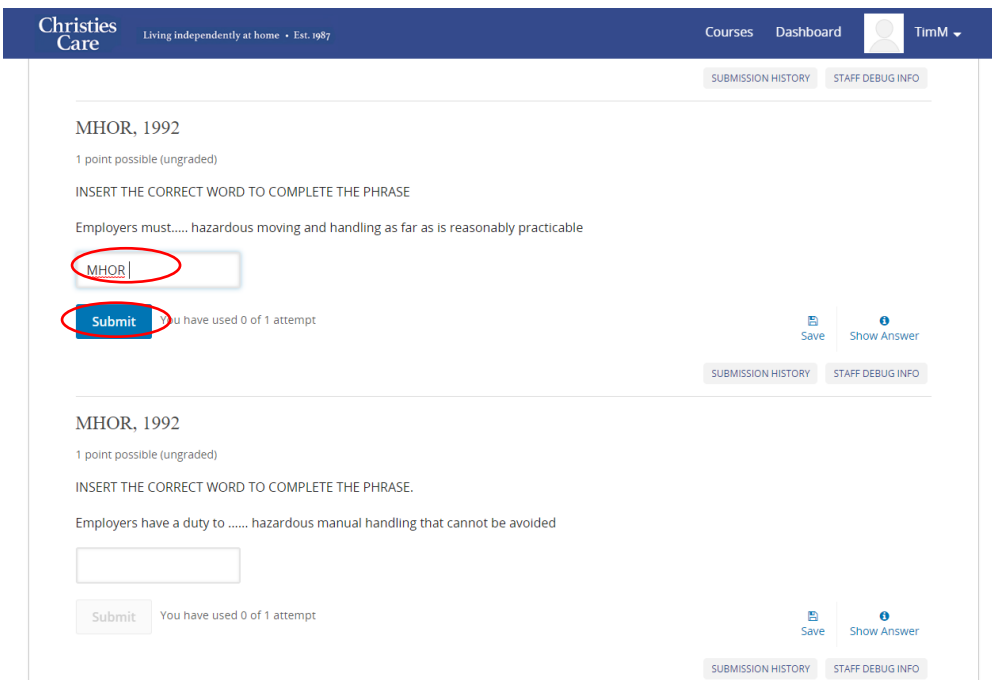
The videos all contain audio, ensure that you the sounds is turned on. Click on the speaker symbol to adjust volume settings.



Should you accidentally adjust the speed of the video, you need to readjust it being taking your cursor to the speed writing on the video, clicking and putting the speed to 1.0

If you accidentally click on the YouTube symbol, another page will open and you will be redirected to the YouTube site. Simply close the YouTube page and our website will be visible.

## Text Input



Place you cursor into the box and write the answer you wish to give. Then press the submit button

## Multiple choice

The screenshot shows a user interface for a multiple choice question. At the top, there is a navigation bar with the Christies Care logo, the tagline "Living independently at home • Est. 1987", and links for "Courses", "Dashboard", and a user profile for "TimM". Below the navigation bar, there are "Previous" and "Next" navigation buttons. The question is titled "multiple choice" and includes a "Bookmark this page" button. The question text is "Multiple Choice" and "1 point possible (ungraded)". Below the question text, there are three radio button options: "an incorrect answer", "the correct answer", and "an incorrect answer". The "the correct answer" option is selected and circled in red. A "Submit" button is also circled in red. Other elements include a "VIEW UNIT IN STUDIO" button, a "Show Answer" button, and "SUBMISSION HISTORY" and "STAFF DEBUG INFO" buttons.

Click the circle and then press the submit button

## Dropdown

The screenshot shows a user interface for a dropdown question. At the top, there is a navigation bar with the Christies Care logo, the tagline "Living independently at home • Est. 1987", and links for "Courses", "Dashboard", and a user profile for "TimM". Below the navigation bar, there are "Previous" and "Next" navigation buttons. The question is titled "Dropdown" and includes "1 point possible (ungraded)". Below the question text, there is a dropdown menu with the option "an incorrect answer" selected and circled in red. A "Submit" button is also circled in red. Other elements include a "Show Answer" button, and "SUBMISSION HISTORY" and "STAFF DEBUG INFO" buttons.

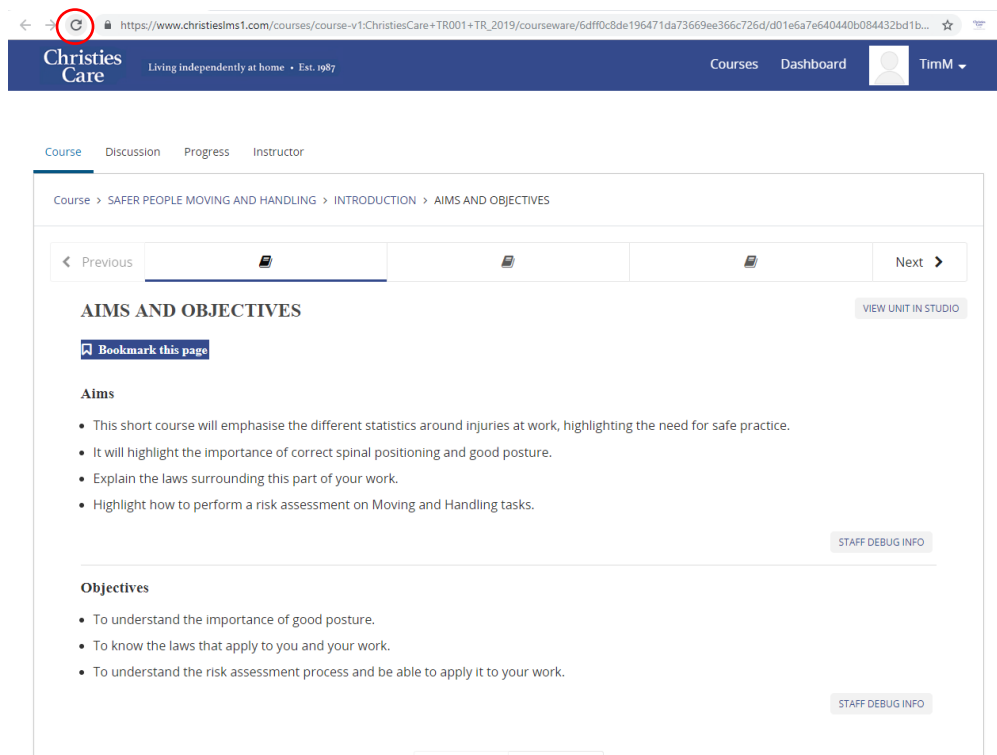
Click the arrow next to one answer and hover over the answer you wish to give. Then press submit

## Knowledge checks

These appear throughout the learning material and are made up of the different components. These do not form part of your final grade and are designed so you can be sure that you have understood the material correctly.

Most of them contain a feature where by you can click the show answer button once you have tried to answer the question twice.

# Refresh



Should the programme seem to not be accepting of your results when doing a test or knowledge check, or is not behaving as you expect, do not keep clicking buttons.

Wait for something to happen. Always check to ensure that this spinning – it shows that your device is thinking and you will need to just be patient.

If you receive an error message or nothing appears to be happening, refresh your page by clicking on the below icon

If you encounter any difficulties accessing this website, prior to attending Christies Care induction training, please contact the recruitment team on; (telephone = 01728 605060 or email [recruit@christiescare.com](mailto:recruit@christiescare.com))