

# Become a Christies Carer





'Training with us really is the best investment of your time, skills and passion'

## A new start, a new direction, or perhaps a return to caring? Your Christies Carer journey starts here...

Maybe you've been thinking about training with Christies Care to work with a CQC 'Outstanding' accredited company. There aren't many of us: less than 3.5% of care agencies carry the 'Outstanding' banner, so training with us really is the est investment of your time, skills and passion to be a Christies Carer.

- Are you looking for live-in or hourly care work?
- What's involved?
- How do I apply?
- How does the recruitment process work?
- Is it for me?
- Have I got what it takes to train and graduate as a Christies Carer?
- What then?

Here in our 'Become a carer pack', we take you through all the questions you want to ask and some you hadn't thought of and provide you with all the answers.



### What does a Christies Carer do?

As a Christies Carer you will live in the home of your client or visit regularly as an hourly home carer, helping to deliver a personcentred care plan to enable them to live as independently as possible.

Our unique training programmes for both live-in and hourly care providers will provide you with the in-depth skills and expertise to provide medication management, mobility support, including the use of lifting equipment, personal care and companionship.

You will also be required to undertake light housekeeping duties to include the planning and preparation of meals so some basic cooking skills are essential. Some of our clients also have pets who you may help care for too but this will be discussed and agreed in advance of your placement.

Apply to be a <u>Live-In Carer</u> Apply to be an Hourly Carer



'Our free 11-day induction training programme will equip you with care skills, confidence and ongoing guidance which is unmatched by other home care agencies.'

# Award winning training

Do you want to help to make a difference in someone's life? You can by training to provide hourly home care or 24-hour, live-in care to enable them to live independently in the comfort of their home, where they are happiest.

# Join our exceptional training programme

Our award-winning training is what makes us stand out from other care providers. We are one of only a handful of home care agencies to be rated OUTSTANDING by the CQC thanks to the extremely high quality of the carers we recruit and the excellent, free training we offer.

# Essential training for live-in carers

Our free 11-day induction programme will equip you with care skills, confidence and ongoing guidance which is unmatched by other home care agencies.

All carers must attend and pass our 11-day induction course which is followed by a 10-unit distancelearning programme and an annual



2-day course to update and refresh your skills. Residential training means we can spend time getting to know you and understand where your strengths are and which clients you would work well with. If you have an aptitude for a particular type of care i.e. dementia, learning disabilities, we can offer further conditionspecific training to nurture and develop your skills.

We host our live-in carers during the 11-day programme at our Runnel House headquarters, a purpose built practical training-centre in the East Suffolk market town of Saxmundham. We offer free accommodation and breakfast throughout your two-week stay in our dedicated guest house with kitchen facilities.

The 11-day residential training is unique to the industry for a reason, we make sure you are fully trained with the knowledge and practical skills to enable you to care with confidence and support our clients at home. This knowledge cannot be imparted entirely online as many other care organisations do.

Our induction programme also gives you the opportunity to focus solely on your training and to meet members of our head office team and other carers who will be joining you on your journey as a Christies Carer. Many of our carers become firm friends during their stay and look forward to meeting up again when they return for their annual training refresher course.

Whether you are completely new to care or have some prior experience, your time on the programme will ensure you learn everything you need to know in accordance with Christies Care's policies and fully regulated service.

Once you've completed your 11-day training, you will be ready to start caring and meet your first client. That's all it takes to start your career as a carer with Chrisites Care, but don't worry our team are on hand to support you all the way...

Apply to be a Live-In Carer



### **Comprehensive Training**

### What does our induction training cover?

- Medication management including practical and theory assessments
- Safeguarding clients including theory assessment
- Health and safety
- End of Life Care
- Safer people including moving and handling, as well as practical and theory assessment
- Bed bath and dressing
- Pressure ulcers, avoidance and care
- Equipment/facilities training and handling for those with a disability
- Continence management
- Disability awareness
- Fluids and nutrition guidance
- Infection prevention, control and theory assignment
- Food hygiene including theory assessment
- Dementia training
- Conflict management, dealing with stress and philosophy of values
- Emergency first aid

- Learning disabilities and Autistic Spectrum disorders
- Christies Care policies and practice
- Administrative procedures to include payments, taxes and NI and self-assessment





Christies Care's Induction and Update training have both been accredited by the CPD (Continuing Professional Development) Standards Office. This means that when we say our training is industry-leading, independent experts have verified this statement. Independent experts audit us, so our standards have to be kept high.

Apply to be a <u>Live-In Carer</u> Apply to be an <u>Hourly Carer</u> Give us a call on 01728 605060



### **Dedicated Support Team**

We offer constant support so that we can be confident in offering our clients some of the best carers in the country



'Your key support team who will be there to provide advice, guidance and a friendly listening ear whenever you need it.'

<u>Click here to be in the</u> <u>know – yes, sign me up</u> <u>to receive the Christie</u> <u>Care newsletter</u> Being a carer provider is highly rewarding but we know it has its challenges too. Alongside free, award-winning training, as a Christies Carer you will have the ongoing, full support of our Care Management Team. During your induction training we will introduce you to your key support team who will be there to provide advice, guidance and a friendly listening ear whenever you need it.

The Care Management Team is there to make things easier for you, whether it's at the beginning of your work with us, helping you to adjust to life as a livein or hourly carer or, in the day-to-day management of your client's homecare plan. You will be assigned two members of the team who are on hand to provide support when you want it.

Whether you need advice about medication, guidance on how to cope with a client's condition or just a general chat, our Care Management Team is available 24 hours a day, 7 days a week.

#### Christies Carers community and connection

We also offer a great community network amongst our carers and keep you up-to-date with a regular newsletter featuring stories, ideas and important information about your lives as Christies Carers.

<u>Click here to connect and</u> <u>chat with our Christies</u> <u>Carers on our dedicated</u> <u>carers' Facebook page</u>



# So, why should you choose to be a Christies Carer?

### Good rates of pay, flexibility and guaranteed earnings

We operate nationally providing care to clients all around the country and guarantee you can earn a minimum of  $\pounds 6k$  in your first 14 weeks, conditions apply. <u>Click to view our 14-week</u> work guarantee for details

Typically, live-in carers earn between  $\pounds 500-\pounds 800$  per week depending on the needs of their client. You can dictate the length of time you work with each client to fit your work around your own life, we match each carer and client to ensure you both like and work well together.



'We match each carer and client to ensure you both like and work well together.' Our award-winning training provides you with the knowledge, skills and confidence you need to be an outstanding carer.

As a carer you will encounter many new circumstances. Your client may require hoisting or lifting equipment for mobility. You may need to change a catheter bag or your client may take 20 types of medication at a particular time each day. Our training team instruct all our carers how to manage these and many other tasks during our induction programmes for both live-in and hourly carers so you are ready for your first client.

### What makes an outstanding Christies Carer?

Our carers come from all walks of life but what stands out amongst them all is a desire to care and to make a difference in the lives of others.

We are looking for compassionate, and dedicated individuals with strong initiative and a friendly, helpful manner.

Being a caregiver can be a challenging and unpredictable job, but it is also an extremely rewarding position. Every day, when you care for someone, you will be making a huge difference to them and their family and sharing some extraordinary moments.

A Christies Carer can come from any background with any experience. Our carers have been secretaries, bank managers, mothers, fathers, students, nurses, soldiers and teachers. Some have worked as carers previously, some have no professional experience at all.

Apply to be a <u>Live-In Carer</u> Apply to be an <u>Hourly Carer</u>





'Our programme will give you all the skills and knowledge you need to provide care and take on your first client.'

# It's Easy To Apply

Your application begins with a telephone interview during which we have an in-depth chat about you, your experience and desire to become a carer and the tasks involved in this all-important role.

Upon successfully completing the telephone interview, your application is then passed to our friendly compliance team who will provide any support you need relating to obtaining your documents and references.

Once we have secured the necessary paperwork and security checks, you will be booked onto your induction programme to give you all the skills and knowledge you need to provide care and

#### Live-in carers

Receive our award-winning 11-day training at our residential training academy at Christies Care headquarters in Saxmundham, Suffolk.

#### Hourly Carers

Are required to complete our comprehensive induction training, managed and assessed by one of our local branches of Christies Care.

We also offer further development training for both hourly and live-in carers through e-learning or face to face training in specialist conditions to help with career progression or to gain extra knowledge in their caring role.



Speak to our friendly recruitment team today. Call Demi or Daniel on <u>01728 605060</u>



Apply to be an Hourly Carer



# Recruitment FAQs for live-in carers

Is the training course mandatory? Is the training course period paid or unpaid? – "I already have 'xx' amount of experience so I do not think I need the 11-day training/ don't understand why it is 11-days" "I cannot go 2 weeks without pay"

The 11-day training is unique to the industry for a reason, we make sure that you are fully equipped and confident to support any of our clients at home and this knowledge cannot be imparted entirely online, as many care organisations do, or quickly. It is also a period of time for us to get to know each other. We created our training course so sufficiently that if you are completely new to care, you will learn everything you need to know and if you have experience that is a bonus. For those who do have prior experience it is important to recognise that different companies, have different policies and it is always beneficial to have a refresher of what you already know before going out to care for your clients.



## Where do I stay during training?

We provide accommodation and breakfast free of charge. Our dedicated training centre comprises of fully fitted kitchen facilities and guest rooms at our headquarters in the charming East of England market town of Saxmundham.

#### What is the pay? And how do you calculate it? Are we paid weekly or monthly?

Unlike other care agencies, we pay weekly, between £550-£800, dependent on the client and the type of provision. The lower rate applies for a companionship role and a higher rate is paid for more complex health conditions that may require lots of moving and handling/personal care. Don't forget you don't pay for accommodation.

#### Are travel expenses included?

You will be paid travel expenses only for travel between clients and we help by doing all the route plans for you.

#### Do we have breaks?

Carers get 2 hours per day depending on client – we schedule this into your client's care plan.

#### Do you get holiday pay?

All our carers are entitled to 20 days holiday pay, paid on a pro rata basis.

#### What is the work pattern?

Each carer's work pattern is a minimum of 2 weeks duty at a time. We have a dedicated team arranging care placements and we always try to be flexible. There are always high demand periods and we have to make sure that these are sufficiently covered.

Apply to be a Live-In Carer

Apply to be an Hourly Carer



# Recruitment FAQs for live-in carers

#### Where are your clients?

We advise our carers that we cannot guarantee work in one area, you may have a particular location as your preference but we ask our carers to be flexible and willing to travel to different parts of the country.

### What type of clients do you have? (Age, health, conditions)

We look after a variety of clients with a range of different care needs, take a look at the Home Care Services section of our site for more detail on the type of care we provide.

#### What type of employment contract do you offer? – self-employed or employed?

We offer work on an employed or self-employed contract basis. Speak to our dedicated team for more detail on <u>01728 605060.</u>

#### Do you offer income insurance and if so how much is it? Our Christies Care Benevolent Fund

or CCBC – you pay just £3 per week and we assess compensation for any loss of earnings on a case-by-case basis. We have recently paid out over £10,000 in total to some of our CCBC members.

# If I leave after training is there a charge to be paid?

If you choose to leave after training you will pay a charge of £2,500. All carers who complete training are required to work 12 weeks out of the first 4 months that follow.

# How much is the referral compensation?

Our referral compensation is  $\pounds 25$ .



# What is the 14 week package?

Upon the successful completion of your training, we offer a guarantee of care work to start your career with us. We ask for £55 to provide this insurance. Conditions apply. For more information <u>View our 14-week work</u> guarantee for details.

### My DBS is out of date, will this be ok?

No, but don't worry, we know how to help you. We are unable to accept a valid current DBS certificate if it is not on the update service. You can put it on the update service yourself or we can help you create a new one for a fee of  $\pounds 46$ .

'Upon the successful completion of your training, we offer a guarantee of care work to start your career with us.'

> Apply to be a <u>Live-In Carer</u>



'You're all in the same boat. You'll learn together, supporting each other through the training, tests and time away from home.'

# How to get the best out of your care training

We appreciate you will have given careful consideration to embarking on a career as a carer. You are making an investment in your future and it makes sense that you do your best to get as much out of it as you can. Here are some tips from our training and recruitment teams to help you get the best out of your induction training.

### 'Be keen to learn'

Come to induction open to learning as much as you can. You won't go far wrong! The training is interesting, engaging & enjoyable. It's even better if you're keen to get as much out of it as possible.

### 'Be inquisitive'

There's no such thing as a stupid question. Asking questions will make you a better carer and help our trainers to improve. If you don't understand something you should never be afraid to ask. It will help you get the best out of your training.

### 'Be enthusiastic'

It's an exciting time. You're embarking on a new career, either learning a new skill or building on previous knowledge. If you're enthusiastic you'll have a great week.



### 'Be friendly'

You're all in the same boat. You'll learn together, supporting each other through the training, tests and time away from home. A big part of your support network, you'll see them each year at update training.

### 'Have fun'

The things you'll be learning about are serious and important, but that doesn't mean you can't have fun. In fact, it's encouraged! Laugh a lot and you'll enjoy training and retain more information too.

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### Meet our Training Team

Our training team have unrivalled experience in providing the best training in the care community.



#### Helen Drain

Head of Training & Dementia Trainer "I started with Christies Care in 2005, I thoroughly enjoy my work. I like the diversity of the work, the ever-evolving changes, and being part of a great team"



#### Kerry Bayford

Training Co-ordinator/Administrator "I've been a member of the training team since 2013. Previous to this, I was a carer for 8 years. I really do enjoy being part of such a great team"



#### Chloe Salmon

Training Co-ordinator "I started working with Christies in 2018 as part of the training team. I enjoy gaining new skills and furthering my knowledge in the care industry"

#### Sarah Hostler Training Co-ordinator

"What I most enjoy about my role is meeting different people and developing my knowledge. This enables me to provide the best guidance to our carers"



#### Louisa Welton Training Co-ordinator "I joined Christies in 2012. I find my role really rewarding, particularly the End of Life training, and every day is a new opportunity to make a difference"



### Tanya Howard

Training Team Administrator "I have been worked at Christies for almost 11 year. I have met many people from different countries and learnt a lot about their cultures"

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Apply to be an **Hourly Carer** 



### Your Care Management Team

We are very proud of our innovative Care Management Team. Always on hand to support you.

#### We know that being a carer provider can be stressful. You have a lot of responsibility.

For example, if your client is suddenly taken ill, it is always going to be you who calls the ambulance, liaise with the NHS and the paramedics and you will most likely be in an unfamiliar part of the UK.

The Care Management Team is there to make things easier for you. You will be given two members of the team who are on hand to give you support and advice when you want it.

Most of the team work from 9am to 5pm, Monday-Friday; but if you have an emergency, we always have someone on call 24 hours a day, 7 days a week and 365 days a year.



"During my 9 years as a Christies Carer I have been very lucky to meet and support some amazing clients. They

all have different difficulties and conditions, all individuals, but with the same desire, to be treated as equals.

This was going to be just another job. Now it's a PASSION!

I've had full support and quality training from everyone at Christies Care, but those I owe the most to are my clients. They have made me a better person who will never take anything for granted again."

Jerry Teare, Christies Carer



Your team is there for you to ring them. If you need advice, they will do their best to give you the right answer.

You may want to know which train to catch to get from a client in Manchester, to a client in Sevenoaks – they'll tell you. You may want some advice on how best to care for a client with dementia – they'll either give you the advice you need themselves or, if your query is more complex, they'll put you through to the right part of the training team.

You may want to know what you should do about a particular medication – they'll either advise you there and then or find out the answer or tell you who to talk to. You may just want a chat, so give them a ring: they are always happy to talk to you.

In short, the Care Management Team is there to give you help and advice. They are in no way monitoring or supervising you, as you are a carer who is engaged by your client to carry out your client's wishes – and we do not interfere with this at all.

Apply to be a Live-In Carer



### Meet your Carer Support Team

Our team is here to make life easier for you. They are your first port-of-call for any questions you may have.



Shaunna Barber Care Management Team Leader

Victoria Shortley

Wellbeing Advisor



James Watkiss Care Management Team Leader

**Elizabeth May** 

Wellbeing Advisor



Ebony Thomas Care Management Team Leader



Jodie Thomson Care Coordinator



Nadine Ling Care Coordinator



Jane Petrie Care Coordinator



Matt Gunns Care Coordinator



Elizabeth Martin Logistics Co-ordinator



Claire Bigwood Care Administrator





Fern Baxter-Baldry Logistics Co-ordinator

Apply to be a <u>Live-In Carer</u>







### A view from a family

We receive so many lovely compliments from family members and clients. It's wonderful to hear what a good job our carers are doing and it's a reminder to you, our carers, how very vital you are.

For some reason I've been thinking recently about what I'd say if I ever had the opportunity to talk to a room full of Christie's carers. The first, and most important, thing is easy; I'd say 'thank you'. Thank you so much for all you do for the person I love. Thank you for all the meals you've cooked and cleared away, all the cups of tea you've made, and all the broken nights you've had. Thank you for dealing with unexpected crises, for helping with doctor's and dentist's appointments, for going out, for staying in, for watching someone else's choice of TV programmes.

Thank you for doing – and remembering – the small things that make a big difference. Thank you for all the personal care you undertake with patience and compassion, day after day. Thank you for staying cheerful and

positive when my family member is frustrated, tired, unwell or cross. Thank you for sometimes sacrificing being with your own family in order to care for my loved one.

The second thing gets a bit more complicated, but it boils down to this; I would like you to know how guilty I feel that I'm not doing all this myself. And that means that I really, really want the care package to go well. My top priority is that my loved one should be welllooked after, safe and happy, and that desire is given added weight by my own mixed feelings.

The decision to start paying for live-in care for a family member is often the result of some sort of emergency. But behind that event there is usually a sequence of other incidents which show that the person concerned is struggling. They often try to hide it. It's hard to watch as those we love lose confidence, change their personalities or struggle with illness and frailty. Sometimes, as family members, we are complicit in not wanting to face up to what's going on. Our own busy lives, work, physical distance and other family responsibilities can also blind us to

'Thank you for all the personal care you undertake with patience and compassion, day after day. ' the new reality. And the history of our personal relationship with the family member now needing care can also complicate matters. Yes, we love them to bits, but we may also find them difficult. Perhaps we were never particularly close

to them, or we drifted apart years ago. And other family members may have different ideas as to how our loved one should be cared for.

So behind the decision to try livein care there can be a whole host of family issues, some of which are obvious but many of which may be hidden. One thing is abundantly clear, however. Whenever you, as carers, take on a new client, you are in some ways dealing with an entire family history. Thank you – we are all so grateful. And we hope that everything will go well."

Apply to be a Live-In Carer Apply to be an Hourly Carer



'I feel satisfaction when I can understand my clients and recognise their individual needs. I feel fulfilment when I can meet those needs'



### Carer Feedback

Our training works. In the words of our carers who have completed some of our condition specific courses...

"The course was very good. Very useful! It made me more sensitive and opened my mind towards not just the person with a dementia condition but generally towards elderly & vulnerable people. It helped me to see them as a person, not just patients with health problems. Now I feel satisfaction when I can understand my clients and recognise their individual needs. I feel fulfilment when I can meet those needs."

"One can have a lot of sympathy and compassion doing this work but it might not be enough to be efficient if one hasn't the knowledge & skills to know how to approach the person. This course gave me tools and skills which I can use in my professional life and I personally feel more competent and confident working with clients now." "I want to emphasise how moved I was by the fantastic support I have received from the Support team. I honestly cannot thank Christies enough for the kindness shown to me through phone calls and one-to-one meetings."

"The Care Management Team are always on the other side of the phone when I call. You're doing a great job!"

"I'm extremely happy. I can't say enough about how supportive they are. My team give me all the support, guidance and advice I need."

"I have a new insight into the mind of a person with a dementia condition and it helps me to be more successful with my clients. In my work I use the whole range of the exercises given."

### Apply now

Click here <u>application.christiescare.com</u>. You still have questions? Give us a call on <u>01728 605060</u> or email <u>recruitment@christiescare.com</u>. It's a big journey so we want to make sure you set out with all the information you need.

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